

**CAMDEN COUNTY
BOARD OF COUNTY COMMISSIONERS**

WORK SESSION

**RESULTS-BASED INCENTIVE FOR WELLNESS
TUESDAY, FEBRUARY 3, 2009 5:30 PM
200 EAST FOURTH STREET, WOODBINE, GEORGIA 31569**

The Camden County Board of County Commissioners held a Work Session at 5:30 p.m. on Tuesday, February 3, 2009, in the Board of Commissioners' Meeting Chambers of the Government Services Building, Woodbine, Georgia.

Chair Rainer called the meeting to order at 5:30 p.m.

Present: Chair David L. Rainer; Vice-Chair Katherine Nisi Zell; Commissioner Willis R. Keene, Jr.; Commissioner Stephen L. Berry; Commissioner Charlene Sears; County Administrator Steve Howard; County Attorney Brent Green, and Interim County Clerk Katie Bishop.

- **Work Session - Results-based incentive for wellness**

Support Services Director Staci Bowick introduced the proposed Results-based incentive for wellness program and introduced Mike Maloy of McGinty-Gordan & Associates, and Keith Freshour of Covenant Services Group. She explained that this program has been endorsed by Camden County Government Wellness Committee.

Mike Maloy, McGinty-Gordan & Associates, explained that approximately 20% of employees are responsible for 80% of claims. He stated that this 20% usually consist of employees who are diabetic, have high blood pressure and or suffer from obesity. He explained that Covenant Services Group has been working with employers to reduce their claims through wellness incentive programs geared towards the employees.

Keith Freshour, Covenant Services Group, presented a power point presentation to the Board on the proposed results-based incentive for wellness program.

Chair Rainer adjourned the Work Session at 5:58 p.m.

Respectfully submitted,

David L. Rainer
David L. Rainer, Chair

Kathryn A. Bishop
Kathryn A. Bishop, Acting County Clerk