

**CAMDEN COUNTY
BOARD OF COUNTY COMMISSIONERS**

WORK SESSION

**HEALTH PLAN ANALYSIS
TUESDAY, MAY 5, 2009 5:00 PM
200 EAST FOURTH STREET, WOODBINE, GEORGIA 31569**

The Camden County Board of County Commissioners held a Work Session at 5:00 p.m. on Tuesday, May 5, 2009, in the Board of Commissioners' Meeting Chambers of the Government Services Building, Woodbine, Georgia.

Chair Rainer called the meeting to order at 5:00 p.m.

Present: Chair David L. Rainer; Vice-Chair Katherine Nisi Zell; Commissioner Willis R. Keene, Jr.; Commissioner Stephen L. Berry; Commissioner Charlene Sears; County Administrator Steve Howard; County Attorney Brent Green, and Interim County Clerk Katie Bishop.

- **Work Session - Health Plan Analysis**

Support Services Director Staci Bowick stated that she and Finance Director Mike Fender will be presenting a majority of the Work Session material as a joint effort.

Finance director Mike Fender stated that health care costs are rising at an expediential rate and we are facing catastrophic problems. He explained that tonight he and Ms. Bowick will talk about bringing this in line and give the Board some examples of health plans in neighboring counties.

Ms. Bowick presented a power point presentation outlining some of the possible solutions and explained the health plan priorities. She further stated that in years past the health plan was treated in a reactive manner but now will be approached proactively. She stated that the number one health plan priority is to control cost claims, followed by retain the current benefit, promote a healthy workforce, and equalize the cost - benefit ratio. Ms. Bowick stated that some of the proposed solutions are as follows: Implement a year-round wellness program, implement proactive health management, implement utilization of "Centers of Excellence", and promote plan realignment. She introduced Mary Smith of Coastal Medical Access Program (CMAP) is here tonight to explain a pilot program for health plan management that Glynn County is currently utilizing.

Mary Smith, CMAP, explained that CMAP is a nonprofit organization founded in 2002 and currently services twenty-four thousand (24,000) uninsured residents in the Glynn & Camden County areas. She stated that in 2008 a pilot program was introduced in Glynn County to assist with employees suffering from diabetes. She further explained this program and the benefits employees can reap from participating in this program to further control a chronic illness such as diabetes. She state that this is a nonthreatening program that s free to employees and on a volunteer basis which is also extended to spouses. She stated that there is a minimal cost to the county of \$4,500.00 which is for minor expenses such as reproduction of materials for group sessions and possibly food.

Ms. Bowick stated that the minor cost for expenses can be absorbed within the Health Fund.

Finance Director Mike Fender stated that is correct the minor cost can be absorbed in the Health Fund.

Chair Rainer stated that this seems like a good program and with the proper diet & such you can improve a condition such as diabetes.

Commissioner Sears stated that working as a whole, together, you can make the most of a program such as this.

Chair Rainer concluded by stating that a contract with CMAP can be brought to the Board for approval.

Ms. Bowick stated that a contract could be brought back as early as the next regular meeting.

Chair Rainer adjourned the Work Session at 5:27 p.m.

Respectfully submitted,

David L. Rainer
David L. Rainer, Chair

Kathryn A. Bishop
Kathryn A. Bishop, Acting County Clerk